

<http://www.halloween-haunted-house.com/how.html#head>

## Realistic Guts



To make good guts all you need is a can of expanding spray foam insulation (Great Stuff, Tuff Stuff or equiv.), paint, and some imagination.

For my Twitchy prop we sprayed the foam on a piece of cardboard sized to fit in the pants. The best surface to spray on is plastic sheets or bags. The "guts" are easily removed from the plastic.

We simply made intestine-like shapes, and added bits of twine and stuff for veins, etc.



When dry, we spray painted a base coat of gloss red acrylic. Then we highlighted some areas with brown primer. To finish we lightly dry-brushed black into the creases and folds to add depth. You can use whatever colors you have - purples, pinks, green, have fun!

Be careful when removing the finished guts. They can break or crack if too much force is used, but they are easily glue back together.



Here is the finished product! Just add some additional blood and place accordingly and ta da -you have a horribly gross Halloween prop!

Obtained from  
Omarshauntedtrail.com